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From Our Minister. . . . Master Mind Consciousness

Dear Friends,

In 1977 I joined my first Master Mind group. There were three of us, all first-year ministerial students at Unity Village. Master Mind prayer became popular after springing from the creative mind of the late, charismatic Unity Minister Jack Boland.

My classmates and I soon found joining together weekly in this systematic type of prayer to be most beneficial over our two years of constant change and tremendous growth.



There are myriad ways to pray with others. In Unity, and in New Thought in general, thousands upon thousands of us have found using the Master Mind technique and its eight sequential and logical steps a most effective way to draw the mind into a consciousness of prayer, get individual clarity as to one's desires, and to receive non-judgmental support from one's partners and—of course—from God the Master Mind.

Because of the great value of practicing the steps that lead to Master Mind consciousness, I will be systematically and thoroughly exploring each of the eight steps on eight Thursday evenings of August and September.

Throughout this series there will be ample opportunities to become a part of an ongoing Master Mind prayer group.

I encourage you to make a commitment to yourself and keep it. Be with us on these upcoming Thursdays. It will do your soul a world of good. I hold you in prayer in the vastness of Master Mind consciousness right now.

With love, 

Make a Commitment

By David Alexander

An ounce of performance is worth pounds of promises. –Mae West

Ms. West was talking about commitment. How often have you said to yourself, “If this happens, then I’ll. . .” or “When this occurs, then I’ll. . .” If you are in the “if-when” mode, you will never accomplish your dreams.

Commitment is simple. You make up your mind to do something, then you do it. There is no magic involved. The challenge for most of us is taking that first step beyond our fear of failing, our fear of inadequacy.

Your commitment can be to yourself, to another person, to an organization. It makes no difference. In every decision to commit you are completely following through on a decision you have made.

To take that first step, remain true to your spiritual path. Meditate on your goal every day. Know that you are not in it alone. Know that God is with you. Trust God, through the Holy Spirit, to give you daily guidance in the fulfillment of your commitment.

If circumstances outside your control delay the fulfillment of your commitment, do not be discouraged or quit. Start over. Go another direction, all the while knowing you *will* complete your commitment. Said Mack R. Douglas, “The achievement of your goal is assured the moment you commit yourself to it.”

When you make a commitment, all of a sudden your life begins to fill up with purpose. You leap out of bed with clarity in your mind for the day ahead and for your future. You feel good about life.

New Horizons in the Music and Arts Ministry



By Greg Benedetto, Music & Arts Director

• **WANTED** – Dynamic Music Ministry, that’s us, actively seeking an equally dynamic gospel pianist, in addition to Lisa Bell Benedetto, to accompany the weekly Chorus In Miracles

rehearsals and our periodic Sunday morning performances, once every 4 to 6 weeks, AND Christmas Eve.

Contemporary gospel experience a necessity. Contact Greg Benedetto at the church.

- **WANTED – Singers to join a dynamic chorus!** Why wait until September. Step up and make your commitment now to join our musical family. “If you can laugh, you can sing!” Must be a team player, able to blend with the others, have fun and be open to new and exciting music – it’s not your grandmother’s church choir! Featuring the exciting music of Agape, the 60’s, 70’s and 80’s, and original music.
- **Discover the Music Within You!** Learn how to enhance and become more confident with your “inner musical voice”, or perhaps how to play the piano, the guitar, or learn how to read music. It’s all fun, and richly rewarding.
- Have you heard any inspiring music CDs lately? Inspiration may come from chant,

Y.O.U.er Nate Evins to Be Honored

We will honor Y.O.U.er **Nate Evins**, graduating senior, with the Wings Ceremony on July 30. Nate will be going to Bowling Green State University in the Fall. He painted the Unity wings on the wall of the Y.O.U. room here at our church.



“The Way of the Master Mind” in August

Using **Rev. Joan Gattuso’s** new mid-week format, an important eight-week series, “The Way of the Master Mind,” begins August 3 at from 7:00-8:00 p.m. In this series the eight steps into Master Mind consciousness will be explored in depth each week as follows:

August 3: “**Surrender.**” August 10: “**Believe.**” August 17: “**Willingness to Change.**” August 24: “**Deciding to Change.**” August 31: “**Forgiveness.**” September 7: “**Asking for What You Want.**” September 21: “**Expressing Gratitude.**” September 28: “**Dedicating Your Life Anew.**” (Note that September 14 is “World Day of Prayer.”)

Each of the sessions stands alone, although attending them all will help you make the connection and understand the flow more easily from one to the other.

The Master Mind principle has transformed thousands of lives, and it can enhance yours and open your life to be spiritually enhanced in a significant fashion.

The new format resembles a Sunday service with music and meditation and was quite popular in the Gandhi series. Here are a few comments: “Loved it!” “Booster shot.” “One-hour format is terrific.” “Mid-week format was my tranquilizer for this samsara madness.”

Graduating Practitioners Recognized on August 13

By Bob Javorsky, Practitioner

Sunday, August 13 is an important day for Unity of Greater Cleveland’s latest Practitioner training class and for our church. The Practitioners in Training graduate at the 11:00 a.m. service.

After one year of classes, written reports, verbal reports, much reading, a weekend retreat together, as well as many meetings, our Practitioners in Training become Practitioners. Join us in celebrating these dear ones who have devoted time, energy and love to enriching our Church with the blessings and talents they bring as individuals and as a group to the prayer consciousness of our church.

Our new Practitioners are **Bob Churilla, Dawne Falkenstein, Shirley Nelson, Vivian Miller** and **Sheryl Thomas**. Be sure to attend church on August 13 to congratulate these five and let them know they are loved and appreciated.

Become a New Member on August 27

You may have noticed an increasing number of folks attending our Sunday services. Many of these individuals have taken the opportunity to become a member of Unity of Greater Cleveland. And you can increase your commitment to the church by also becoming a new member on Sunday, August 27.

To whom do you increase your commitment? To yourself. You will be announcing to God within you that Unity of Greater Cleveland is your church home and your primary guide on your spiritual path.

Commitment helps focus us in all area of our lives, and increasing yours by becoming a member is simple. The requirements are to: (1) have been attending our church for at least three months, (2) attend a membership orientation session on Sunday, August 20, and (3) come into membership on Sunday, August 27, during the 11:00 a.m. service.

Then you will be able to vote in all the variety of affairs that are guiding our church into a glorious future, and you'll be announcing that this is now *your church*.

From Children's Church

"Journey to Oz" Concludes

The month of August brings to a close our "Journey to Oz." Weeks 9-12 of the Oz curriculum will conclude this magical journey with an awareness that the Wizard of Oz, the someone or something out there, the magic elixir, the great fixer is just not real.

WE ARE THE WIZARD! We are the great transformers of our own lives through the higher power. We have been endowed from the beginning with our creator's power, and we have been endowed from the beginning with our Creator's powers. These powers of love, wisdom and courage are depicted here, as our Lion, Tin Man and Scarecrow become our best friends and greatest helpers. And so, as we rush into the loving arms of our loving God, we realize "there's no place like home."



A special thank you for those who have signed up for service in Youth Education. Welcome **Bonnita Smith**, **Linda Shekerjian**, and **Kay Smith**. May your experience with Youth Education be fun, enriching and satisfying to your spirit.

Yours in Unity,

Wendy Johns

August Volunteer of the Month

CONGRATULATIONS Dr. Erwin Jay for being nominated August Volunteer of the Month!

Dr. Erwin Jay has served many years volunteering with Spiritual Cinema, Sunday Hospitality, Class Assistant,... My experience with Dr. Jay, has been wherever there's an opportunity to serve, he is there to assist with whatever you need.

Thank you again Dr. Jay for your generosity, open heart and joke of the day, which always brightens our day.

Dr. Keith Jordan Joins Joan in August

Dr. Keith Jordan, a fascinating intuitive healer, kicks off Sundays in August (see article below), followed by three Sundays featuring **Rev. Joan Gattuso**. It promises to be an incredibly uplifting month. Here is the lineup:

August 6: "Wellness" (Dr. Keith Jordan). You will hear about the healing power all of us have and a whole lot more.

August 13: "I'm Never Upset for the Reason I Think" (Rev. Joan Gattuso). This is one of the greatest lessons emerging from *A Course in Miracles*.

August 20: "A Garden Party" (Rev. Joan Gattuso). You can't please everyone, so you've got to please yourself.

August 27: "Do We Really Know Anything About Compassion?" (Rev. Joan Gattuso) How much do you understand about truly being compassionate?

Remarkable Sunday Presenter August 6

Dr. Keith Jordan, who is our Sunday presenter for both services on August 6, has a remarkable talent for "reading" people at his Optimal Health Clinic in Lakewood. He is a person with a great love of God and respect for all paths that lead to this divine source of love. Keith believes everything in

life has a purpose, every event is divinely planned, whether we can perceive it or not, and that every person has a special purpose they are working toward fulfilling.



He believes that all healing starts from within, and that this process of healing is an ongoing process continually happening whether we are working on it or not. He is a person who truly knows that love heals all, and that the true purpose of all people is to love themselves and others without expectation of outcome or reciprocation.

Keith is a native of Cleveland, with a doctoral degree from the National College of Chiropractic in Chicago. He worked in several multi-disciplinary practices along side medical doctors and gained an appreciation for both the strong points and shortcomings of traditional medicine. In 1996 he founded Optimal Health Chiropractic Clinic, a truly comprehensive, holistic care clinic.

Five years ago he was awakened with tears in his eyes from a dream/vision of the next clinic, a center for healing now known as Optimal Wellness Center. He shares this story with you so that you all realize we are all part of this dream, and this dream could not, and would not have been possible without us all being the part of God we need to be.

Rev. Joan Guest Speaker at Westlake Unity Retreat

Rev. Joan Gattuso is one of the featured presenters at the Unity Spiritual Center (Westlake) retreat at Our Guest Inn in Port Clinton, Ohio. The retreat, August 24-26 is open to all.

The event includes workshops on relationships, numerology, love, healing and more. The conference fee is \$140 and covers all food and sessions. Rooms at the Our Guest Inn are half price for retreatants. For further information call Christine at USC 440 835-0400 or log on to www.unityspiritualcenter.com

Gertrude Watkins' Prayer Answered

By Gloria Ross, Licensed Teacher

Gertrude Watkins, long-time member and Truth student, shared her story of answered prayer at a recent volunteer activity in the church office.

Gertrude has two grandchildren. Her granddaughter, Nicolle, is 29 and her grandson, Byron, is 30. Both are doing very well. They have successfully completed their college educations and have successful professional careers. Nicolle studied journalism and recently received her master's degree. Byron was a math major and now works in the retirement industry.

Gertrude is very proud and well pleased that she has been a part of their lives and has lived to see them happy and settled into their lives. That is the answer to her prayer. You see, Gertrude's daughter, Diane, made her transition when the children were 6 and 8. She passed at the age of 33 from pancreatic cancer.

Gertrude feels grateful and blessed that she played an important role in her grandchildren's lives.

Gertrude's prayer has changed slightly now. She wants to see her great grandchildren.

Jon Mundy in September

A Course in Miracles guru **Jon Mundy** returns to our church for an all-day workshop, "What Is Mysticism?" on Saturday, September 16.

Mark your calendars now to spend a day with this powerful and entertaining spiritual presenter.

From the Bookstore

Eckhart Tolle's Latest, *A New Earth*

This book's purpose is to bring about a shift in consciousness so that we can awaken. Awakening is the realization of Presence. Presence is defined as consciousness without thought. *A New Earth* will help you *realize* the awakening process.

Awakening happens with the act of recognition.



The ego cannot be recognized unless we know its aspects and how it operates. It will trick us into identifying with it, take us over and pretend to be us.

"The primary factor in creation is consciousness," explains Tolle. Our state of consciousness creates our world.

If there's no change on the inner level, we will re-create modified versions of the same world that will be an external reflection of our ego.

The author shares three ways consciousness flows into what we do and through us into the world. These energy frequencies align our life with the creative power of the universe. Tolle states that we need to be vigilant that one of these energy frequencies is in operation whenever we're engaged in doing anything. If we're not in one of these states we create suffering.

Tolle says, "A new heaven and a new earth will arise in us. The light of consciousness is necessary and we are that light. He says a new species is rising on the planet. "It is arising now and we are it!"

Purchase *Stillness Speaks, Practicing the Power of Now* and Eckhart Tolle's New York Times Best-selling *The Power of Now* in our bookstore. It is also available on audio by request.

Loving blessings,

A handwritten signature in cursive script that reads "Rita".

Rita O. Jackson, Bookstore Manager

The Loving Course Returns August 18-20

The life-changing The Loving Course is back for its quarterly visit. It is scheduled for the weekend of August 18-20. If you want to make significant progress in your life, this weekend will give it to you.

Have you asked these questions of yourself: Why don't I get more joy from my life? Why do I keep doing things I don't want to do? Why do I sabotage my success? Why do I keep choosing relationships where I feel neglected, abused or unsatisfied? What keeps me from letting myself be loved? Why can't I express my love to others? Why am I so angry and scared?

The Loving Course will assist you in discovering your own answers to these questions through self-examination in an atmosphere of unconditional love. We truly believe that understanding ourselves brings us a better understanding of others and is the first step to loving and accepting ourselves and others—our ultimate goal.

This powerful weekend, with facilitators **Greg Liber** and **Jan Liber**, uses the psychological principles taught by psychologists Alfred Adler and Rudolph Dreiders, along with the spiritual principles from *A Course in Miracles* and **Rev. Joan Gattuso's** *A Course in Love*. Says Joan, "I highly recommend The Loving Course for those seeking the 'next step' in the clearing of their consciousness. I personally have taken the course and found it to be most empowering."

The cost of the course is \$395 (all major credit cards accepted). Class size is limited, so be sure to register early. Please call the church office at 216 751-1198 for more information or to register. Your call will be returned by either Greg or Jan.

Unity of Greater Cleveland Volunteer & Staff Directory

Founding Minister: Joan M. Gattuso
Board of Advisors:

Vice Chair: Liz Parks

Treasurer: Mary Ann Davis

Secretary: Sandy Deck

Prosperity Partners: Minnie Bowers
and Ed Erbach

Alternates: Katie Augustine, Linda Julian

Practitioners - Cynthia Bowers,
Pamela Ellison, Jeanne Hood, Georgia
Hyde, Bob Javorsky, Nona Oriti, Milly
Owens, Zita Farrell-Andrews, Karen
Shepherd

Fund Development Committee Chair:
Mary Ann Davis

Projects Manager: David Alexander

Executive Director: Felicia Martinez

Secretary: Rudi Barnes

Volunteer Coordinator: Wendy Johns

Accountant: Kim Heiman

Minister's Sunday Assistant - Paul
Landis, Gloria Ross

Youth Education Director - Wendy Johns

0-3 years old - JoJo Salupo, Debbie Reesing,
Michele Federico, Carly Patetta

4-5 years old - Stephanie Barry, Felicia Martinez

6-10 years old - Kim Chapple, Wendy Johns,
Sharon Penro

Uniteens (11-13 years old) - Frank Kenner
(Head Teacher), Susan Cristal, Chrystal Latorre,
Freddie LaTorre

Y.O.U. (14-18 years old) Co-Sponsors -

Bookstore Manager - Rita O. Jackson

Volunteers - Mary Jo Nigro, Margaret Miller,
Shirley Nelson, Ranonda Jones, Vivian
Miller, Kathy Sullivan, Margo Viragh, Katie
Augustine, George Miljevich, Mindy
Bartholomae, Michael Powers, Loretta
Williams

Newsletter - David Alexander

Greeter Coordinators - Dianne Harris and
Elizabeth Parks

Music Director & Soloist - Greg Benedetto

Pianists - Lisa Bell Benedetto, Jan Patetta

Percussion - Roy King, Baba Jubal Harris
Bass - Ed Lemmers

Sound System - Bob Jones, Bob Patetta,

Florist - Blooms

Hospitality - Carl Kornicks, Paul Landis, Clare
Randolph, Frank Rupsic, Todd Mueller

Meals on Wheels - Andrea Gidycz

Web Site Manager: Scott Dockus

Sunday Service Times - 9:00 a.m. and 11:00
a.m. (nursery at both services) Children's
Church, Lightstreamers, Uniteens, and Y.O.U. -
11:00 a.m.

Church Location and Telephone:

3350 Warrensville Center Road
Shaker Heights, OH 44122

216 751-1198 or 800 468-8012

Dial-a-Prayer - 216 751-1199

FAX - 216 751-1460

E-mail: unity@unitygreatercleveland.com

Web site: www.unitygreatercleveland.com

August 2006

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 12:30 Silent Unity Prayer Service 6:15 pm - Toastmasters	2 6:30 pm - Yoga (Gerri Maynor)	3 7:00 pm - "The Way of the Master Mind" (Rev. Joan Gattuso)	4	5
6 10 am - ACIM 9 & 11 am Service: "Wellness" (Dr. Keith Jordan) Afternoon: Anniversary Picnic	7	8 12:30 Silent Unity Prayer Service 6:15 pm - Toastmasters	9 6:30 pm - Yoga (Gerri Maynor)	10 7:00 pm - "The Way of the Master Mind" (Rev. Joan Gattuso)	11	12
13 10 am - ACIM 9 & 11 am Service: "I'm Never Upset for the Reason I Think" (Rev. Joan Gattuso)	14	15 12:30 Silent Unity Prayer Service 6:15 pm - Toastmasters	16 6:30 pm - Yoga (Gerri Maynor)	17 7:00 pm - "The Way of the Master Mind" (Rev. Joan Gattuso)	18 7:00 pm - The Loving Course	19 9:00 am - The Loving Course Journey's Expo; Plain Dealer Pavilion
20 9 am - TLC 10 am - ACIM 9 & 11 am Service: "A Garden Party" (Rev. Joan Gattuso) 12:30 pm - New Member Orientation Journey's Expo; Plain Dealer Pavilion	21 7:00 pm - The Loving Course graduation	22 12:30 Silent Unity Prayer Service 6:15 pm - Toastmasters	23 6:30 pm - Yoga (Gerri Maynor)	24 7:00 pm - "The Way of the Master Mind" (Rev. Joan Gattuso)	25	26
27 10 am - ACIM 9 & 11 am Service: "Do We Really Know Anything about Compassion?" (Rev. Joan Gattuso) (New Member Sunday) 12:30 "Unexpected Income"	28	29 12:30 Silent Unity Prayer Service 6:15 pm - Toastmasters	30 6:30 pm - Yoga (Gerri Maynor)	31 7:00 pm - "The Way of the Master Mind" (Rev. Joan Gattuso)		



3350 Warrensville Center Road
Shaker Heights, OH 44122
For information on upcoming events: www.unitygreatercleveland.com

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Anniversary Picnic Set for August 6

Our church's joyful anniversary picnic is set for Sunday, August 6 at Holden Arboretum. Frolicking, fun and fellowship are all up at this annual event. There will be plenty of enjoyment for kids and adults alike.

We ask that you bring a covered dish to share with eight people. If you are not a chef, just go to your favorite deli or restaurant and purchase what you love. For additional information and directions, call the church office at (216 751-1198).