



News from Unity of Greater Cleveland

Volume 26, Number 1, January, 2010

On The Inside:

Page 3

Prosperity Breakfast
Returns

Page 2

Yoga Begins January 6

Page 2

Drum Circle January 8

From Our Minister

Becoming a Superbeing

Dear Friends,

Remember when just a moment ago it was about to be 2000? We were entering into a new millennium, and this event was embraced by so much fear. The computers of the world were doomed to crash at 12:01 a.m. on 1/1/2000. The world would be thrown into chaos. Life as we had known it would end. But. . .it never happened, not in the dawn of a new era or in the weeks, months and years to follow.

There is a natural order about the Universe, about our world. Whatever occurs is happening not to us, but through us, through our individual and collective consciousness. The majority believe life and its happenings have nothing to do with them. They believe when they get up in the morning, the sky begins to fall.

As we move into the next decade, let us commit to co-creating everything with God. Let us now know we are daughters and sons of the Divine. Let us never again throw our awareness away or throw away our precious relationships. Let each of us find our pearl of great price (our indwelling Divinity) and value it above all else.

Years ago a book by John Randolph Price, **Superbeings**, was extremely popular. It put forth that we all have the potential to be superbeings—just another word for our Christ nature, our Divinity. How much of the time can you live out of your Divinity and know it? Is it once a week, during your meditations, while in nature, while loving your partner or child, while just being?

There are holy ones I know personally. There are holy ones I know from afar. There are tales of holy ones of old. Could you be one of them? Could you be a superbeing? Could you live as a superbeing? Could you live as a Christed one? Let this be your phenomenal goal for this decade. You can do it. The question is not if you can, but rather if you will.

Will you join me in believing in you?

Here's to a glorious New Year. Here's to a glorious new you.



From the Bookstore

Have a Little Faith

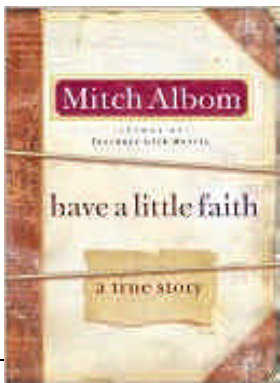
**By Vivian Miller
Bookstore Manager**

In *Have a Little Faith*, Mitch

Albom offers a beautifully written story of a remarkable eight year journey between two worlds, two men, two faiths, two communities that will inspire you.



Moving between their two worlds



Christian and Jewish, African-American and white, impoverished and well-to-do, Mitch observes how

these very different men employ faith similarly in fighting for survival: the older, suburban rabbi embracing it as death approaches; the younger, inner-city pastor relying on it to keep himself and his church afloat. *Have a Little Faith* is a book about a life's purpose, about losing belief and finding it again.

* * *

The next book club get-together is Saturday, January 23, at 11:00 a.m. The book we are reading is *The Help* by Kathryn Stockett. Everyone is welcome to attend these lively discussions.

Jonathan Richardson begins a new eight-week Yoga class on Wednesday, January 6, at 6:30 p.m. He has had a private yoga practice for 10 years and is now a Yoga instructor.

Jonathan practices a vinyasa (flowing) style of Hatha yoga which focuses on movement and the breath. Jonathan's class will focus on mind body awareness, fitness, and stress reduction. Jonathan will provide modified postures for those who may be new to the practice of yoga. Jonathan is a new instructor and chose Unity to provide 8 hours of yoga for 8 weeks as part of his instructor requirement.

Bring mats if you have them and a couple of blankets. The series is \$72 or \$10 per class.

***Inner Peace Drum Circle with
Baba Jubal on January 8***

Come together in unity and love and experience this way to express yourself. The drum circle on Friday, January 8, at 7:00 p.m. offers you the opportunity to learn to drum in the spirit of peace, love and unity.

Says Baba "I express my love and devotion to God through the music of the drum." Know the joy of this practice, no experience necessary.

Bring a drum if you have one, If you don't, there will be instruments available. The class is given on a love offering basis. Sign up at the Events Table or call 216-751-1198.

Help Keep Our Church Spotless

Thank you to all who come on Saturdays to help keep our building clean. The team will meet on Saturdays, January 9 and 23 at 10:00 a.m.

Sign up on Sunday or call the office at 216-751-1198 to assist. We appreciate your help. With four people volunteering, for example, we can complete the task in a little over an hour.

Prosperity Breakfast Renewed in January

To supercharge our congregation's abundance consciousness the Prosperity Breakfast is being renewed on Saturday, January 16, at 9:30 a.m. It will be held in the River City Grill at the Marriott Hotel in Warrensville Heights. The address is 26300 Harvard Road, just off I-271. It will continue on the third Saturday of each succeeding month.

At the breakfast support will be given to all attending through the sharing of prosperity stories, masterminding, and prayer. When our church used to hold these breakfasts, they produced powerful, positive results for all attending.

Board Co-Chair **Sandy Deck** and former Board Chair **Barbara Hill** will be heading the breakfast. Please sign up at church. At the breakfast you may either order off the menu or take advantage of the buffet that is offered.

"Excuses Begone" Highlights Five January Sundays

Rev. Joan Gattuso continues her Sunday series on Wayne Dyer's newest book, *Excuses Begone*. After beginning with two Sunday lessons in December, she continues on all five January Sundays. This is a perfect way to get rid of all your blocks in the New Year.

January 3: "Excuses Begone III." Just how many excuses are piled up in your excuse catalog?

January 10: "Excuses Begone IV." The first four principles are awareness, alignment, now, and contemplation.

January 17: "Excuses Begone V." Principles 5, 6 and 7 are willingness, passion and compassion.

January 24: "Excuses Begone VI." Is it true? Where did this come from? What's the payoff?

January 31: "Excuses Begone VII." A new life; reasons to change; the Universe is cooperating; reinforcing the New Year.

Unity of Greater Cleveland Volunteer & Staff Directory

Founding Minister: Joan M. Gattuso

Board of Advisors:

Co-Chairs - Sandy Deck and Elaine Sleas

Secretary: Connie Machan

Treasurer: Calvin Reid

Prosperity Partners: Paul Barr, Freddy

LaTorre, Al Manger, Andy Miller

Licensed Teachers - Gloria Ross,

Karen Shepherd

Practitioners - Rudi Barnes, Marcia Bufford,

Debra Coleman, Cynthia Bowers, Pamela

Ellison, Dawn Falkenstein, Georgia Hyde,

Bob Javorsky, Vivian Miller, Nona Oriti, Sheryl

Thomas, Janet Wasserman

Assistant: Felicia Martinez

Administrative Assistant: Rudi Barnes

Accountant:

Minister's Sunday Assistants - Paul Landis,

Rudi Barnes

Youth Education Directors - Chrystal LaTorre,

Marcia Bufford

Nursery (0-3 years old) - Michelle Federico, Betsy

Coss

Lower/Upper Elementary (4-10 years old) -

Marcia Bufford, Sherry Foulkes, Felicia

Martinez, Betty Phillips, Janet Wasserman

Uniteens (11-13 years old) - Freddie LaTorre

Y.O.U. (14-18 years old) Sponsor - Chrystal

LaTorre, Andy Miller

Bookstore Manager - Vivian Miller

Volunteers - Ranonda Jones, Karen Owens,

Michael Powers, Joyce Shaw

Greeter Coordinators - Detlev von Schwerdtner

and Liz Parks

Florist - Blooms

Hospitality - Paul Landis, Todd Mueller

Meals on Wheels - Open

Web Site Manager: Tim Machan

Sunday Service Time - 11:00 a.m. Children's

Church, including the Nursery, Lightstreamers,

Uniteens, and Y.O.U. - 11:00 a.m.

Church Location and Telephone:

3350 Warrensville Center Road

Shaker Heights, OH 44122

216 751-1198 or 800 468-8012

Dial-a-Prayer - 216 751-1199

FAX - 216 751-1460

E-mail: unity@unitygreatercleveland.com

Web site: www.unitygreatercleveland.com

Sound System - Felicia Martinez

January 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3 10 am - ACIM 11 am Service: "Excuses Begone III" (Rev. Joan Gattuso)	4	5 6:00 pm - Toastmasters	6 6:30 pm - Yoga	7	1 New Year's Day 8 7:00 pm - Drum Circle	2 9 10 am - Volunteer Cleaning Crew
10 10 am - ACIM 11 am Service: "Excuses Begone IV" (Rev. Joan Gattuso)	11	12 6:00 pm - Toastmasters	13 12:30 pm - Unity Prayer Service 6:30 pm - Yoga	14	15	16 9:30 am - Prosperity Breakfast
17 10 am - ACIM 11 am Service: "Excuses Begone V" (Rev. Joan Gattuso)	18	19 6:00 pm - Toastmasters	20 12:30 pm - Unity Prayer Service 6:30 pm - Yoga	21	22	23 10 am - Volunteer Cleaning Crew 11 am - UGC Book Club
24 10 am - ACIM 11 am Service: "Excuses Begone VI" (Rev. Joan Gattuso)	25	26 6:00 pm - Toastmasters	27 12:30 pm - Unity Prayer Service 6:30 pm - Yoga	28	29	30
31 10 am - ACIM 11 am Service: "Excuses Begone VII" (Rev. Joan Gattuso)						



3350 Warrensville Center Road
Shaker Heights, OH 44122
For information on upcoming
events: www.unitygreatercleveland.com