



# News from Unity of Greater Cleveland

Volume 26, Number 7, July, 2010

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#### Valleri Crabtree and Rev. Joan on Sundays in July

Rev. Joan Gattuso is joined by Valleri Crabtree in July to present spiritually moving Sundays. Here is the lineup:

**July 4:** "Freedom Rings" (Rev. Joan Gattuso). We celebrate our nation's freedom on the 4<sup>th</sup>. Let's celebrate our own inner freedom.

**July 11:** "In the Habit of Saying the Right Thing" (Rev. Joan Gattuso). The right thing may not be the correct thing. Check where you stand.

**July 18:** [Burning Bowl Sunday] "So Well Deserving" (Rev. Joan Gattuso). Deep down do you feel you merit the good you desire?

**July 25:** "Divine Decision Making" (Valleri Crabtree). The decisions which we make are the building blocks of the outcomes of our life.

## **From Our Minister**

### Nurturing and Support

Dear Friends,

Recently David and I discussed the distinctions between nurturing and support. In the past we have most often paired the two together, lumping them as an expansion on one idea. On closer examination, however, they aren't really identical. Each carries subtle and unique distinctions.

Some people are incredibly supportive, but are not inherently nurturing by nature. For example, parents may attend all the sporting events that their child participates in, enthusiastically cheering from the stands, which is very supportive. But after the game or the match, they do not hug or kiss the young athlete and tell him or her how fabulously he or she was and expressly lots of love, which is very nurturing.



To further understand how support and nurturing are not exactly the same, consider the following: On a cold, blustery day a warm bowl of soup is nurturing, while the dining room chair is supportive.

Both support and nurturing involve the heart (a right brain activity), although being supportive often involves an outer expression or a left-brain action.

Support is: encouraging, life affirming, strengthening, affirmative, instilling self-esteem.

Nurturing is: comforting, warm, cozy, loving, feeling, emotionally fulfilling.

Consider how you have been supported in life and how you have been nurtured, along with how you can be more supportive as well as more nurturing.

God bless.

*Joan*  
Love and hugs,

From the Bookstore

### ***Loving What Is***

*Loving What Is: Four Questions That Can Change Your Life* by Byron Katie is the featured book for July in our bookstore.



Katie provides a simple approach to the idea that changing your thoughts can change the world or at least our view of the world. *Loving What Is* is a book that questions the authority of our own fundamental beliefs about our relationships.

Known simply as the "The Work," Byron Katie's methods are clean and straightforward. The basis is a series of four questions addressed to your own lists of written assumptions. This book is filled with examples of people applying The Work to a variety of life situations, and chances are you'll find your own frustrations echoed on the pages. Many chapters are divided into specific topics such as Couples, Money, Addictions and Self-judgments. No one can give you freedom but you. This little book will show you how.

### ***Prosperity Breakfast Takes a Summer Break***

The Prosperity Breakfast is taking the summer off. It will resume on Saturday, September 18. Through the summer make sure you're with the Unexpected Income Program.

### **A Healing Sunday with Dr. Vince**

Join **Dr. Vincent Gentiluomo** who returns to present a powerful healing afternoon on Sunday, July 18 at 1:00 p.m.

Vince was involved in many types of healing systems as a full-time practicing Chiropractor for 16 years. After retiring in 1995, he has actively been a spiritual healer. He has visited India nineteen times since 1994 and combined clinical and spiritual healings to people from dozens of countries. Since March, 2006, he has exclusively shared non-clinical spiritual healings internationally and locally.

Healing sessions become more powerful as the number of participants increase, allowing even the more stubborn situations to soften. Often those with resistant situations require more intensified healings, which have proven to be beneficial most of the time. These healing sessions are from above, down and inside out. Call 216-751-1198 for more information.

### **Godspeed Vivian and Detlev**

We recently lost two devoted members of Unity of Greater Cleveland: Rev. Joan Gattuso's mother **Vivian Gattuso**, and **Detlev von Schwerdtner**.



Vivian was behind Joan every step of her ministerial path for over 30 years. She almost never missed a Sunday service until physical infirmities limited her attendance. She was loved by everyone.

Another wonderful individual, Detlev was a co-head greeter coordinator for several years. He also was loved by all. He had an easy smile and laugh, and when he hugged you, you knew you had been hugged.



Godspeed Vivian and Detlev.

### **Scrub a Dub, Dub**

Our building stays clean thanks to the volunteers who give a little happy, sweat labor. If you haven't volunteered before, try it, you'll like it. The team will meet on Saturdays, July 10 and 24 at 10:00 a.m.

## Make Every Decision a Co-Created One

Valleri Crabtree presents an important workshop on Sunday, July 25: "Make Every Decision a Co-created One"

In this workshop, we explore how to use the Universe Responding Spiritual Model for Life to guide us in every decision—our small, everyday decisions as well as those which have a life-changing impact.



We begin with an understanding of how to identify decisions which are co-created with God as well as those decisions that are created on our own. We examine the consequences and outcomes of these two approaches and how we can change our decision-making process so that every decision is a co-created one.

Valleri lives in Celebration, Florida, and has been involved with Unity for 21 years. She has written two books, *Universe Responding, A Spiritual Model for Life* and *Universe Responding, A Spiritual Model for Economic Abundance*. She will do a book signing between the service and her workshop. She hosts a live call-in program on Unity-fm and a program on the Holistic Globe Radio Network.

The workshop is from 1:00-3:00 p.m. with a suggested love offering of \$20 per person.

## Burning Bowl Service Sunday, July 18

The first Burning Bowl Service of the year will be held on Sunday, July 18. This powerful service gives you the space to witness all your blocks to love disappearing in the flames of forgiveness, after which they return from where they came--nothingness.

You can release all that stands in the way of your fulfillment and begin the rest of the year with a clean slate. From *A Course in Miracles*: ". . . let forgiveness show you what to do, through Him Who is your Guide, your Savior and protector, strong in hope, and certain of your ultimate success. He has forgiven you already, for such is his function, given Him by God. Now you must share his function."

## Unity of Greater Cleveland Volunteer & Staff Directory

**Founding Minister:** Joan M. Gattuso

**Board of Advisors:**

**Co-Chairs** - Sandy Deck and Elaine Sleas

**Secretary:** Connie Machan

**Treasurer:** Paul Barr

**Prosperity Partners:** Freddy LaTorre, Al Manger, Sheryl Thomas

**Practitioners** - Rudi Barnes, Marcia Bufford, Debra Coleman, Pamela Ellison, Georgia Hyde, Vivian Miller, Sheryl Thomas, Janet Wasserman

**Assistant:** Felicia Martinez

**Administrative Assistant:** Rudi Barnes

**Accountant:**

**Minister's Sunday Assistants** - Paul Landis, Rudi Barnes

**Youth Education Directors** - Chrystal LaTorre, Marcia Bufford

**Nursery (0-3 years old)** - Michelle Federico, Betsy Coss

**Lower/Upper Elementary (4-10 years old)** - Marcia Bufford, Felicia Martinez, Betty Phillips, Janet Wasserman

**Uniteens (11-13 years old)** - Freddie LaTorre

**Y.O.U. (14-18 years old) Sponsor** - Chrystal LaTorre

**Bookstore Manager** - Vivian Miller

**Volunteers** - Ranonda Jones, Karen Owens, Michael Powers, Joyce Shaw

**Greeter Coordinator** - Liz Parks

**Sound System** - Felicia Martinez

**Florist** - Fresh Market

**Hospitality** - Rudi Barnes and Paul Landis

**Meals on Wheels** - Open

**Web Site Manager:** Tim Machan

**Sunday Service Time** - 11:00 a.m. Children's Church, including the Nursery, Lightstreamers, Uniteens, and Y.O.U. - 11:00 a.m.

**Church Location and Telephone:**

3350 Warrensville Center Road

Shaker Heights, OH 44122

216 751-1198 or 800 468-8012

**Dial-a-Prayer** - 216 751-1199

**FAX** - 216 751-1460

**E-mail:** unity@unitygreatercleveland.com

**Web site:** www.unitygreatercleveland.com

# July 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4 10 am - ACIM 11 am Service: "Freedom Rings" (Rev. Joan Gattuso)	5	6 6:00 pm - Toastmasters	7 12:30 pm - Unity Prayer Service	8	9	10 10 am - Volunteer Cleaning Crew
11 10 am - ACIM 11 am Service: "In the Habit of Saying the Right Thing" (Rev. Joan Gattuso) 1 pm - QiGong	12	13 6:00 pm - Toastmasters	14 12:30 pm - Unity Prayer Service	15	16	17
18 10 am - ACIM 11 am Service: "So Well Deserving" (Rev. Joan Gattuso) [Burning Bowl Sunday] 1 pm - Healing Session 1 pm - QiGong	19	20 6:00 pm - Toastmasters	21 12:30 pm - Unity Prayer Service	22	23	24 10 am - Volunteer Cleaning Crew
25 10 am - ACIM 11 am Service: "Divine Decision Making" (Valleri Crabtree) 12:30 pm - Unexp. Income 1 pm - "Make Every Decision a Co-Created One" workshop	26	27 6:00 pm - Toastmasters	28 12:30 pm - Unity Prayer Service	29	30	31



3350 Warrensville Center Road  
Shaker Heights, OH 44122  
For information on upcoming  
events: [www.unitygreatercleveland.com](http://www.unitygreatercleveland.com)