

May 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10 am - ACIM 11 am Service: "Sick? Who's Sick? Not Me" (David Alexander) 1 pm - "Deepening Consciousness"	2	3 6:00 pm - Toastmasters	4 12:30 pm - Unity Prayer Service	5	6 7:00 pm - Drum Circle	7
8 10 am - ACIM 11 am Service: "The Role of the Mother in Everyday Life" (Rev. Joan Gattuso) MOTHER'S DAY	9	10 6:00 pm - Toastmasters	11 12:30 pm - Unity Prayer Service	12	13	14 11:00 am - Unity Book Club
15 10 am - ACIM 11 am Service: "Lessons from the East" (Rev. Joan Gattuso)	16	17 6:00 pm - Toastmasters	18 12:30 pm - Unity Prayer Service	19	20	21 9:30 am - Prosperity Breakfast
22 10 am - ACIM 11 am Service: "The Paradox" (Rev. Joan Gattuso)	23	24 6:00 pm - Toastmasters	25 12:30 pm - Unity Prayer Service	26	27	28
29 10 am - ACIM 11 am Service: "Bereft of a True Path" (Rev. Joan Gattuso)	30	31 6:00 pm - Toastmasters				



3445 Warrensville Center Road
Shaker Heights, OH 44122
For information on upcoming events: www.unitygreatercleveland.com

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News from Unity of Greater Cleveland

Volume 27, Number 5, May, 2011

On The Inside:

Page 3

Deepening Consciousness

Page 2

Unexpected Income Program

Page 2

Prosperity Breakfast

Page 3

Drum Circle

Rev. Joan and David Alexander in May

Rev. Joan Gattuso is joined by David Alexander in presenting edifying, interesting and entertaining Sunday lessons in May. Here's the lineup:

May 1: "Sick? Who's Sick? Not Me!" (David Alexander) Sometimes we depend too much on the opinions of others, and we forget that inside us is a voice that will tell us all we need to know about healing.

May 8 (Mother's Day): "The Role of the Mother in Everyday Life" (Rev. Joan Gattuso). You can always return to mother wisdom and values.

May 15: "Lessons from the East" (Rev. Joan Gattuso). Rev. Joan returns from her recent visit with His Holiness the Dalai Lama with much wisdom to share with us.

May 22: "The Paradox" (Rev. Joan Gattuso). Isn't it odd that we already are what we are reaching for?

May 29: "Bereft of a True Path" (Rev. Joan Gattuso). Some of us are desperately seeking God and find addiction instead.

From Our Minister

Dear Friends,

During this recent Easter season, I was faced with several scenarios that had to be handled and handled quickly. In each case the help and assistance of another was needed, and each time my requests were greeted by excuses of why they couldn't do it, rather than saying they would do their best to be helpful. Their responses seemed to be:

I'd rather not be bothered.

I'm too busy.

Sorry, I have to be somewhere right away.

Immediately my thoughts turned to the Gospel story where Jesus is given every excuse on papyrus scrolls as to why this person or the other cannot follow him, cannot go to the wedding, cannot attend the feast. Even at his birth there was no room for him.



Can you even imagine that from Jesus' birth throughout his ministry on earth how he contended with all the excuse mongers?

Fortunately in my life and ministry I have been blessed with those precious souls who are always willing to say:

Yes I can.

How can I help?

What can I do?

Do you need me for anything?

God bless them. They do not mind doing for others, for they see others as one with self. What I do for you, as Jesus taught, you do for him. If we could always remembers this, our hearts would be open to all.

It's OK in life to be inconvenienced. It's not always about us and what we want and when we want it.

Part of being a truth student, a [Continued on page 2]

From the Bookstore

By Vivian Miller
Bookstore Manager

The word surrender has a connotation that is unsettling in our society. Contrary to our resistance to this concept, author Gerry Boylan in his book *What Are You Holding Onto That's Holding You Back* suggests surrender is a powerful spiritual key that requires not giving up but giving in. Boylan illustrates how surrender can be a stepping stone to spiritual growth as opposed to the ego trap of holding on to limitations and grievances.



The author uses the example of a "monkey trap" which is a hollowed out coconut shell with fragrant berries inside. The monkey's open paw is small enough to reach inside the shell, but once the paw clenches the berries, the monkey's fist is stuck. No matter how frustrated the monkey becomes, it never releases the berries leaving it trapped and vulnerable to hunters.

Boylan helps the reader break the hold of their own "monkey traps" and provides exercises to navigate through the waters of limitation to break free of their own "monkey traps."

This paperback book is available in the bookstore for \$16.95.

* * *

The Unity Book Club meets Saturday, May 14, 2011 at 11:00 a.m. at the church in the Sanctuary. Refreshments are served.

2011 Unexpected Income Program

Join the Summer 2011 Unexpected Income Program and boost your abundance consciousness. This is a plan for prosperous people helping you open yourself to the law of giving and receiving.

Participants are given a brochure explaining the program and containing an abundance prayer. You agree to affirm the abundance prayer twice daily. Our practitioners and licensed teachers will also be praying daily.

Each person taking part agrees to share the increase that comes to them in the form of a gift of 10 percent off the top to Unity of Greater Cleveland. Unexpected income is any increase of money over and above any current, normal, expected income, such as the one-time tax rebate.

Join with others in the program to pray and share support on the Sundays of June 26, July 31 and August 28 after the service. Unexpected Income Brochures will be available at the church Events Table on May 8.

Prosperity Breakfast on May 21

The next rewarding Prosperity Breakfast is set for Saturday, May 21, in the River City Grill at the Marriott Hotel in Warrensville Heights. The address is 26300 Harvard Road, just off I-271.

At the breakfast support will be given to all attending through the sharing of prosperity stories, masterminding, and prayer which produces powerful, positive results for all attending.

From Our Minister

[Continued from page 1] spiritual practitioner, is learning to be helpful and practicing loving-kindness—to go out of our way to ease another's journey by showing we care and by showing our love for one another.

The next time you are asked to give of yourself and your time, just say "Yes." Keep saying "Yes" until it feels good. This is not about being a doormat. It is about being spiritually conscious in your life.

God bless.

Love,

"Deepening Consciousness"

The second part of "Deepening Consciousness: The Basis for Flowing Through Life" with Dr. Carole Ann Drick concludes on Sunday, May 1, at 1:00 p.m.. The workshop examines the deeper skills of conscious living to prepare us for each moment for the rest of our life – including death.

Overview: Behind all our actions, our words, and our thoughts is – Consciousness. When we connect with ourselves and others in this sacred space, we discover that Conscious Living naturally evolves into Conscious Dying each moment. When we practice Conscious Living physical death becomes simply a moment in time.

Part II: Conscious Dying, May 1, 1:00 p.m.

Deep within Conscious Living is Conscious Dying which is natural, healthy and organic. This death to what is not real is necessary so you may reenter the vibration of the present moment. Discover the "Dying to one's self" in a soft, gentle way and the deeper realization of what you are. Realize the deep peace of physical death through Deepening Consciousness. Incredible spontaneity, joy, prosperity and health are available to you. This is an exciting, joy-filled gathering! Suggested love offering: \$20.

Inner Peace Drum Circle with Baba Jubal

Come together in unity and love and experience this way to express yourself. The drum circle on Friday, May 6, at 7:00 p.m. offers you the opportunity to learn to drum in the spirit of peace, love and unity.

Says Baba "I express my love and devotion to God through the music of the drum." Know the joy of this practice, no experience necessary.

Bring a drum if you have one, If you don't, there will be instruments available. The class is given on a love offering basis. Sign up at the Events Table.

Gabriela Martinez' Recital

Unity singer Gabriela Martinez will be performing her graduate recital on Saturday, May 7, at 7:30 p.m. in the Music Building in Drinko Hall at Cleveland State University.

Unity of Greater Cleveland Volunteer & Staff Directory

Founding Minister: Joan M. Gattuso
Board of Advisors:
Co-Chairs - Sandy Deck and Elaine Slea
Secretary: Sheryl Thomas
Treasurer: Connie Machan
Prosperity Partners: Debra Coleman, Freddie LaTorre, Al Manger
Practitioners - Rudi Barnes, Marcia Bufford, Debra Coleman, Pamela Ellison, Georgia Hyde, Vivian Miller, Sheryl Thomas, Janet Wasserman
Assistant: Felicia Martinez
Administrative Assistant: Rudi Barnes

Minister's Sunday Assistant - Rudi Barnes
Youth Education: Our children are sharing spiritual education with Christ Episcopel Church (Call the church office, 216-751-1198, for additional details).
Bookstore Manager – Vivian Miller
Volunteers - Karen Owens, Michael Powers, Joyce Shaw
Greeter Coordinator - Liz Parks
Sound System - Felicia Martinez
Florist - Fresh Market
Hospitality - Rudi Barnes and Janet Wasserman
Web Site Manager: Tim Machan

Face Book Manager: Chris Miller
Sunday Service Time - 11:00 a.m.
Children's Church Time - 9:15 a.m.
Church Location and Telephone:
3445 Warrensville Center Road
Shaker Heights, OH 44122
216-751-1198 or 800 468-8012
Dial-a-Prayer - 216-751-1199
FAX - 216-751-1460
E-mail: unity@unitygreatercleveland.com
Web site:
www.unitygreatercleveland.com
Face Book: At Facebook.com., click on "Daily UGC."